



**State of Rhode Island
Office of the Secretary of State**

No Fee

Division Of Business Services
148 W. River Street
Providence RI 02904-2615
(401) 222-3040

**Domestic Limited Liability Company
Annual Report - Amended**

Filing Period: February 1 - May 1

In accordance with R.I.G.L. 7-1.2-1501(e), each limited liability company failing or refusing to file its annual report within thirty (30) days after the time prescribed by law (R.I.G.L. 7-16-66(b&c)) is subject to a penalty fee of \$25.00.

This form is only to be used to amend the current annual report on file with this office.

ANNUAL REPORT YEAR: 2022

1. ID No. 001718254

2. Exact Name of the Limited Liability Company Triad Performance & Nutrition, LLC

3. State of Formation

State: RI

ARTICLE III

Enter the six digit NAICS Code that best describes the primary business conducted by the entity. Download the list of codes [here](#). More information on [NAICS](#) can be found online.

621999

4. Brief Description of the Character of the Business Which is Actually Conducted in Rhode Island

PROVIDE VIRTUAL NUTRITION COUNSELING AND COACHING TO CLIENTS.
CONDUCT
ASSESSMENTS AND CREATE INDIVIDUALIZED WORKOUT PROGRAMS BASED ON
NEEDS AND
GOALS. MAINTAIN HIPAA-COMPLIANT CLIENT INFORMATION AND RECORD
KEEPING. MANAGE
ALL SOCIAL MEDIA ACCOUNTS RELATED TO THE BUSINESS ENTITY.

5. Principal Office Address

No. and Street: 181 BAYVIEW AVE

City or Town: CRANSTON

State: RI

Zip: 02905

Country: USA

6. Mailing Address of Limited Liability Company and Name or Title of Contact Person:

Contact Name: COLBY THIBAUT Contact Title: OWNER

No. and Street: 181 BAYVIEW AVE

City or Town: CRANSTON

State: RI

Zip: 02905

Country: USA

7. RESIDENT AGENT IN RHODE ISLAND - DO NOT ALTER
Changes Require Filing of Form 642 - R.I.G.L. 7-16-11

COLBY THIBAUT 181 BAY VIEW AVE CRANSTON , RI 02905

Signed this 19 Day of April, 2022 at 12:47:47 PM by the authorized person. *This electronic signature of the individual or individuals signing this instrument constitutes the affirmation or acknowledgement of the signatory, under penalties of perjury, that this instrument is that individual's act and deed or the act and deed of the company, and that the facts stated herein are true, as of the date of the electronic filing, in compliance with R.I. Gen. Laws § 7-16.*

By COLBY THIBAUT
Signature of Authorized Person

Form No. 632
Revised 09/07

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State of Rhode Island

Department of State | Office of the Secretary of State

Nellie M. Gorbea, *Secretary of State*

I, NELLIE M. GORBEA, Secretary of State of the State of Rhode Island,
hereby certify that this document, duly executed in accordance with the provisions
of Title 7 of the General Laws of Rhode Island, as amended, has been filed in this

office on this day:

April 19, 2022 12:46 PM

A handwritten signature in blue ink, reading "Nellie M. Gorbea". The signature is fluid and cursive.

Nellie M. Gorbea
Secretary of State

