



**State of Rhode Island
Office of the Secretary of State**

Fee: \$50.00

Division Of Business Services
148 W. River Street
Providence RI 02904-2615
(401) 222-3040

**Limited Liability Company
Annual Report**

Filing Period: February 1 - May 1

In accordance with R.I.G.L. 7-16-66(d), each limited liability company failing or refusing to file its annual report within thirty (30) days after the time prescribed by law (R.I.G.L. 7-16-66(b&c)) is subject to a penalty fee of \$25.00.

ANNUAL REPORT YEAR: 2023

1. ID No. 001718254

2. Exact Name of the Limited Liability Company Triad Performance & Nutrition, LLC

3. State of Formation

State: RI

ARTICLE III

Enter the six digit NAICS Code that best describes the primary business conducted by the entity. Download the list of codes [here](#). More information on [NAICS](#) can be found online.

621999

4. Brief Description of the Character of the Business Which is Actually Conducted in Rhode Island

PROVIDE VIRTUAL NUTRITION COUNSELING AND COACHING TO CLIENTS.
CONDUCT
ASSESSMENTS AND CREATE INDIVIDUALIZED WORKOUT PROGRAMS BASED ON
NEEDS AND
GOALS. MAINTAIN HIPAA-COMPLIANT CLIENT INFORMATION AND RECORD
KEEPING. MANAGE
ALL SOCIAL MEDIA ACCOUNTS RELATED TO THE BUSINESS ENTITY.

5. Principal Office Address

No. and Street: 181 BAYVIEW AVE

City or Town: CRANSTON

State: RI

Zip: 02905

Country: USA

6. Mailing Address of Limited Liability Company and Name or Title of Contact Person:

Contact Name: COLBY THIBAUT Contact Title: CEO

No. and Street: 181 BAYVIEW AVE
City or Town: CRANSTON State: RI Zip: 02905 Country: USA

**7. RESIDENT AGENT IN RHODE ISLAND - DO NOT ALTER
Changes Require Filing of Form 642 - R.I.G.L. 7-16-11**

COLBY THIBAUT 181 BAY VIEW AVE CRANSTON , RI 02905

8. This report must be executed by an authorized person pursuant to R.I.G.L. 7-16-66 (b).

Signed this 1 Day of February, 2023 at 1:53:25 PM by the authorized person. *This electronic signature of the individual or individuals signing this instrument constitutes the affirmation or acknowledgement of the signatory, under penalties of perjury, that this instrument is that individual's act and deed or the act and deed of the company, and that the facts stated herein are true, as of the date of the electronic filing, in compliance with R.I. Gen. Laws § 7-16.*

By COLBY THIBAUT
Signature of Authorized Person

Form No. 632
Revised 09/07

© 2007 - 2023 State of Rhode Island
All Rights Reserved