



State of Rhode Island
Office of the Secretary of State

Fee: \$230.00

Division Of Business Services
148 W. River Street
Providence RI 02904-2615
(401) 222-3040

Business Corporation
Articles of Incorporation

(Chapter 7-1.2- of the General Laws of Rhode Island, 1956, as amended)

ARTICLE I

The name of the corporation is Gentle Strength, Inc.

This is a close corporation pursuant to § 7-1.2-1701 of the General Laws, 1956, as amended. (Uncheck if inapplicable.)

ARTICLE II

The total number of shares which the corporation has authority to issue is:
(Unless otherwise stated all authorized shares are deemed to have a nominal or par value of \$0.01 per share.)

Class of Stock	Par Value Per Share	Total Authorized Shares <i>Number of Shares</i>
CNP	\$0.0000	500.00

A statement of all or any of the designations and the powers, preferences, and rights, including voting rights, and the qualifications, limitations, or restrictions of them, which are permitted by the provisions of Chapter 7-1.2 of the General Laws, 1956, as amended, in respect of any class or classes of shares of the corporation and the fixing of which by the articles of association is desired, and an express grant of the authority as it may then be desired to grant to the board of directors to fix by vote or votes any of them that may be desired but which is not fixed by the articles:

GENTLE STRENGTH, INC.
WRITTEN CONSENT OF BOARD OF DIRECTORS
ACTION WITHOUT MEETING

THE UNDERSIGNED, BEING ALL OF THE DIRECTORS OF GENTLE STRENGTH, INC. (THE "COOPERATIVE" OR "CORPORATION"), A CORPORATION ORGANIZED AND EXISTING UNDER THE LAWS OF THE STATE OF RHODE ISLAND, WAIVING ALL NOTICE REQUIREMENTS, HEREBY CONSENT, APPROVE AND ADOPT, AS OF AUGUST 3RD 2025 THE FOLLOWING RESOLUTIONS, PURSUANT TO THE CORPORATION'S BYLAWS.

WHEREAS, THE CORPORATION HAS BEEN APPROVED AS A CORPORATION UNDER RHODE ISLAND LAWS AND INTENDS TO OPERATE AS A WORKER-OWNED COOPERATIVE; AND

WHEREAS, THE CURRENT BOARD APPROVES OF THIS ACTION, AND TAKES THE FOLLOWING ACTIONS TO ORGANIZE THE CORPORATION;

NOW THEREFORE BE IT RESOLVED:

EFFECTIVE AUGUST 3RD 2025, THIS BOARD TAKES THE FOLLOWING ACTIONS:

WE CONFIRM THE ELECTION OF NARCISSA SEGURA, TAMMY KIM, & ERIN SOULE AS MEMBERS OF THIS BOARD.

WE ADOPT THE BYLAWS ATTACHED HERETO AS THE BYLAWS OF THE NEW WORKER COOPERATIVE CORPORATION.

WE AUTHORIZE OUR ACCOUNTANT TO ELECT FOR THE CORPORATION THE COOPERATIVE TAX STATUS UNDER SUBCHAPTER T.

THE FOLLOWING PERSONS ARE ELECTED TO THE FOLLOWING OFFICER POSITIONS:

PRESIDENT- TAMMY KIM
VICE PRESIDENT – ERIN SOULE
TREASURER - NARCISSA SEGURA
SECRETARY – ERIN SOULE

WE ELECT NARCISSA SEGURA AS GENERAL MANAGER OF THE CORPORATION AND VEST THEM WITH FULL POWERS AND AUTHORITY TO PERFORM HER DUTIES.

WE RATIFY AND APPROVE THE ACTIONS TAKEN AND DOCUMENTS EXECUTED TO: APPROVE ALL PRE-INCORPORATION ACTIONS TAKEN BY THE INCORPORATORS, INCLUDING THE PAYMENT OF FILING FEES AND ORGANIZATIONAL EXPENSES.

IN RETURN FOR THEIR PAYMENT OF THE REQUIRED PRICE OF \$1000 EACH, OR WRITTEN COMMITMENT TO PAY THE SAME OVER TIME UNDER A SHARE PURCHASE AGREEMENT, WE DISTRIBUTE ONE (1) MEMBERSHIP SHARE TO EACH OF THE FOLLOWING MEMBERS:

NARCISSA SEGURA
TAMMY KIM
ERIN SOULE

THIS WRITTEN CONSENT OF BOARD OF DIRECTORS AND SHAREHOLDERS OF GENTLE STRENGTH, INC. IS EXECUTED AS OF AUGUST 3RD, 2025

ARTICLE III

The street address (post office boxes are not acceptable) of the initial registered office of the corporation is:

No. and Street: 45 GREENWICH ST
City or Town: PROVIDENCE State: RI Zip: 02907

The name of its initial registered agent at such address is ERIN SOULE

ARTICLE IV

The corporation has the purpose of engaging in any lawful business, and shall have perpetual existence until dissolved or terminated in accordance with Chapter 7-1.2.

ARTICLE V

Additional provisions, if any, not inconsistent with Chapter 7-1.2 which the incorporators elect to have set forth in these Articles of Incorporation:

ARTICLE VI

The name and address of the each incorporator is:

Title	Individual Name First, Middle, Last, Suffix	Address Address, City or Town, State, Zip Code, Country
INCORPORATOR	TAMMY KIM	45 MAPLE AVE. RIVERSIDE, RI 02915 USA
INCORPORATOR	ERIN SOULE	45 GREENWICH ST. PROVIDENCE, RI 02907 USA
INCORPORATOR	NARCISSA SEGURA	179 PAWTUXET AVE. CRANSTON, RI 02905 USA

ARTICLE VII

These Articles of Incorporation shall be effective upon filing unless a specified date is provided which shall be no later than the 90th day after the date of this filing.

Later Effective Date: 09/16/2025

Signed this 10 Day of September, 2025 at 12:24:47 PM by the incorporator(s). *This electronic signature of the individual or individuals signing this instrument constitutes the affirmation or acknowledgement of the signatory, under penalties of perjury, that this instrument is that individual's act and deed or the act and deed of the corporation, and that the facts stated herein are true, as of the date of the electronic filing, in compliance with R.I. Gen. Laws § 7-1.2.*

 TAMMY KIM
 ERIN SOULE
 NARCISSA SEGURA

Form No. 100
Revised 09/07

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State of Rhode Island
Department of State | Office of the Secretary of State
Gregg M. Amore, *Secretary of State*

I, GREGG M. AMORE, Secretary of State of the State of Rhode Island,

hereby certify that this document, duly executed in accordance with the provisions

of Title 7 of the General Laws of Rhode Island, as amended, has been filed in this

office on this day:

September 10, 2025 12:22 PM

A handwritten signature in black ink that reads "Gregg M. Amore".

Gregg M. Amore
Secretary of State

