				1 1	
UNITED STATES BANKRUPTCY C					PROOF OF CLAIM
· · · · · · · · · · · · · · · · · · ·	•	hecking the appropriate box below. (Check of			
□ Bally Total Fitness of Greater New York, Inc. (Case No. 08- 14818)	□ Bally Total Fitne 14834)	ss of Connecticut Valley, Inc. (Case No. 08-			oration (Case No. 08-14847) oration (Case No. 08-14848)
☐ Bally ARA Corporation (Case No. 08-14819)	•	C Bally Total Citrons of Missocots Inc. (Case No. 08-14835)			o. 08-14849)
☐ Bally Fitness Franchising, Inc. (Case No. 08-14820)	☐ Bally Total Fitne	El Both, Total Citanes of Missouri, Inc. (Case No. 08-14836)			. 08-14850)
☐ Bally Total Fitness Holding Corporation (Case No. 08-14821)	□ Bally Total Fitne	E Bolly Total Eithors of Bhiladalphia, Inc. (Case No. 08-14837)			se No. 08-14851)
☐ Bally Franchise RSC, Inc. (Case No. 08-14822)	-	ss of Rhode Island, Inc. (Case No. 08-		eater Philip No. 1 Holding Company (Case No. 08-14852)	
☐ Bally Franchising Holdings, Inc. (Case No. 08-14823)	14838)	as of the Reid Attention law (Coppe No. 09		·-	olding Company (Case No. 08-14853)
☐ Bally Real Estate I LLC (Case No. 08-14824)	14839)	ess of the Mid-Atlantic, Inc. (Case No. 08-	□ Health &	Tennis Corpo	oration of New York (Case No. 08-14854)
☐ Bally REFS West Hartford LLC (Case No. 08-14825)	•	ess of the Midwest, Inc. (Case No. 08-14840)	☐ Holiday	Health Clubs	of the East Coast, Inc. (Case No. 08-14855)
☐ Bally Sports Clubs, Inc. (Case No. 08-14826)	□ Bally Total Fitne	ess of the Southeast, Inc. (Case No. 08-	□ Holiday/	Southeast Hol	ding Corporation (Case No. 08-14856)
☐ Bally Total Fitness Corporation (Case No. 08-14827)	14841)		□ Jack Lal	anne Holding	Corp. (Case No. 08-14857)
☐ Bally Total Fitness Franchising, Inc. (Case No. 08-14828)		iss of Toledo, Inc. (Case No. 08-14842)	□ New Fit	ness Holding (Co., Inc. (Case No. 08-14858)
☐ Bally Total Fitness International, Inc. (Case No. 08-14829)	14844)	ess of Upstate New York, Inc. (Case No. 08-	□ Nycon H	lolding Co., In	c. (Case No. 08-14859)
☐ Bally Total Fitness of California, Inc. (Case No. 08-14831)		Corporation (Case No. 08-14845)	☐ Rhode I	ode Island Holding Company (Case No. 08-14860)	
□ Bally Total Fitness of Colorado, Inc. (Case No. 08-14832) □ Bally Total Fitness of Connecticut Coast, Inc. (Case No. 08-	☐ BTF Europe Co	rporation (Case No. 08-14846)		elands Holiday Health Clubs, Inc. (Case No. 08-14861)	
14833)			□ U.S. He	alth, Inc. (Cas	9 No. 08-14862)
(SOP State Alex a lucia depita deva a la 12 est esta la 100 e), class sa d					ndi 48740 yezi 27.5 te de ta nabbi de e
Name of Creditor (the person or other entity to whom the debtor of		reinge krominge kan proposition in die kerk kein der bestellt. Proposition	<i>Olean</i> adore	sand Libra	
RHODE ISLAND SECRETARY OF STAT		y <i>J</i> -			
		Name and address where account of and the	na cant /if 1:	fferent	☐ Check this box to indicate that this claim amends a previously filed
Name and address where notices should be sent: NameID: 525		Name and address where payment should to from left):	de seni (II gi	nerent	claim amends a previously filed
RHODE ISLAND SECRETARY OF STAT	E	,			Count Chair Number
MATTHEW A BROWN					Court Chain Number:
82 SMITH ST STATE HOUSE RM 217					
PROVIDENCE, RI 02903					Filed on The Triangle
USA					B 95 €
					5 55 7
		Talanhaua myashari			
Telephone number: Pack No	. 109465	Telephone number:			2 99
the second secon					box if you are aware that anyone else
1. Amount of Claim as of Date Case Filed: S has filed a proof of claimled at proof of claiml					
If all or part of your claim is secured, complete item 4 below, now	ever, if all of your cla	um is unsecured, do not complete item 4.	_	-	
Check this box if claim includes interest or other charges in	addition to the princi	nal amount of claim. Attach itemized statem	ent of	this case.	box if you are he debtor or trustee in
interest or charges.	education to the princip	par uniount of clarity. There is included seasons		4115 44501	·. -
2. Basis for Claim:					of Claim Entitled to Priority under
(See instruction #2 on reverse side.)					C. § 507(a) or 11 U.S.C. § 503(b)(9). If ion of your claim falls in one of the
3. Last four digits of any number by which creditor identifies	debtor:				g categories, check the box and state
3a. Debtor may have scheduled account as:			ŀ	the amo	unt.
(See instruction #3a on reverse side.)					riority of the claim.
4. Secured Claim (See instruction #4 on reverse side.)					support obligations under 11 U.S.C. 1)(A) or (a)(1)(B).
Check the appropriate box if your claim is secured by a lien on pr	operty or a right of set	off and provide the requested information.			laries, or commissions (up to \$10,950*)
Nature of property or right of setoff: Real Estate	□ Motor Veh	nicle Other		earned w	thin 180 days before filing of the
Describe:			1		ey petition or cessation of the debtors
business, whichever is earlier — 11 U.S.0 Value of Property: S Annual Interest Rate% \$ 507(a)(4).			4).		
☐ Contributions to an employee benefit plan — 1					
Amount of arrearage and other charges as of time case filed included in secured claim, U.S.C. § 507(a)(5). Up to \$2,425* of deposits toward purchase					
or rental of property or services for person			of property or services for personal,		
Amount of Secured Claim: \$ Amount Unsecured: \$ family, or household use — 11 U.S.C.					
507(a)(7). 6. Credits: The amount of all payments on this claim has been credited for the purpose of making this proof of claim.					
7. Documents: Attach redacted copies of any documents that support the claim, such as promissory notes, purchase orders, invoices,					
itemized statements or running accounts, contracts, judgments, mortgages, and security agreements. You may also attach a summary. Attach reducted copies of documents providing evidence of perfection of a security interest. You may also attach a summary. (See					
Attach redacted copies of documents providing evidence of perfection of a security interest. You may also attach a summary. (See definition of "redacted" on reverse side.) Amount entitled to priority:					
DO NOT CENT OBJETINAL DOCTIMENTS. ATTACHED DOCTIMENTS MAY BE DESTROYED AFTER SCANNING.					
If the documents are not available, please explain: *Amounts are subject to adjustment on 4/1/10			\$		
every 3 years thereafter with respect to case			s thereafter with respect to cases		
commenced on or after the date of adju. FOR COURT USE ONLY					
Date:			}	FUR COUR	I USE UNLY
<u> </u>					
Signatures the sensor filing this claim	net cian it Cian and a	orint name and title, if any, of the creditor or o	nthee		
		orant name and title, it any, of the creditor of to one number if different from the notice addres			
above. Attach copy of power of attorney,					

UNITED STATES BANKRUPTCY COURT SOUTHERN DISTRICT OF NEW YORK

In re:)	Chapter 11
	Y TOTAL FITNESS OF FER NEW YORK, INC., et al.,)	Case No. 08-14818 (BRL)
	Debtors.)	
)	Jointly Administered

NOTICE OF DEADLINE REQUIRUNG FILING PROOFS OF CLAIM

TO ALL PERSONS AND ENTITIES WITH CLAIMS AGAINST BALLY TOTAL FITNESS HOLDING CORPORATION ITS SUBSIDIARIES THAT ARE DEBTORS AND DEBTORS IN POSSESSION:

On January 23, 2009, the United States Bankruptcy Court for the Southern District of New York (the "Bankruptcy Court") entered an order (the "Bar Date Order") establishing March 9, 2009 (the "General Bar Date") as the last date and time for each person or entity (including individuals, partnerships, corporations, joint ventures, corporations, estates, and trusts) to file a proof of claim against Bally Total Fitness Holding Corporation and those of its subsidiaries that are debtors and debtors in possession in those proceedings (collectively, the "Debtors"). Solely as to governmental units the Bar Date Order established June 1, 2009 as the last date and time for each such governmental unit to file a proof of claim against the Debtors (the "Government Bar Date," and together with the General Bar Date, the "Bar Dates" or "Bar Date" as applicable).

The Bar Dates and the procedures set forth below for filing proofs of claim apply to all claims against the Debtors that arose before December 3, 2008, the date on which the Debtors commenced cases under chapter 11 of the United States Bankruptcy Code (the "Petition Date"), except for those holders of the claims listed in section 4 below that are specifically excluded from the Bar Date filing requirement.

The Bally Total Fitness Claims Processing Center can be contacted at 888-830-4664 (if calling from within the United States) or 310-751-2647 (if calling from outside the United States) if you have any questions about this Notice.

WHO MUST FILE A PROOF OF CLAIM

You MUST file a proof of claim to vote on a chapter 11 plan filed by the Debtors or to share in distributions from the Debtors' bankruptcy estates if you have a claim that arose on or before the Petition Date and it is not one of the types of claims described in section 4 below. Claims based on acts or omissions of the Debtors that occurred before the Petition Date must be filed on or prior to the Bar Date, even if such claims are not now fixed,

KL2 2589586.1

liquidated or certain or did not mature or become fixed, liquidated or certain before the Petition Date.

WHAT TO FILE

Each filed proof of claim must conform substantially to the Proof of Claim Form (as defined in the Bar Date Order). Copies of the Proof of Claim Form may be obtained at www.kccllc.net/bally. Each proof of claim must be signed by the claimant or, if the claimant is not an individual, by an authorized agent of the claimant. Each proof of claim must be written in English and be denominated in United States currency. You should attach to each completed proof of claim any documents on which the claim is based (if voluminous, attach a summary) or an explanation as to why the documents are not available.

Any holder of a claim against more than one Debtor must file a separate proof of claim with respect to each such Debtor and all holders of claims must identify on their proof of claim the specific Debtor against which their claim is asserted. A list of the names of the Debtors and their respective case numbers appears at the end of this Notice.

Under the Bar Date Order, the filing of a proof of claim form shall be deemed to satisfy the procedural requirements for the assertion of administrative priority claims under section 503(b)(9) of the Bankruptcy Code.

WHEN AND WHERE TO FILE

Except as provided for herein, all proofs of claim must be filed so as to be actually received on or before March 9, 2009, or solely as to governmental units on or before June 1, 2009 at the following address:

IF SENT BY MAIL OR BY OVERNIGHT COURIER	IF DELIVERED BY HAND:
Bally Total Fitness Corporation Claims Processing c/o Kurtzman Carson Consultants 2335 Alaska Avenue El Segundo, CA 90245	United States Bankruptcy Court Southern District of New York One Bowling Green, Room 534 New York, NY 10004-1408

Proofs of claim will be deemed timely filed only if **actually received** at the Bally Total Fitness Claims Processing Center on or before the applicable Bar Date or at the United State Bankruptcy Court on or before 5:00 p.m. (prevailing Eastern Time) by on the applicable Bar Date. Proofs of claim may not be delivered by facsimile, telecopy or electronic mail.

WHO NEED NOT FILE A PROOF OF CLAIM

You do not need to file a proof of claim on or prior to the applicable Bar Date if you are:

- A. a person or entity that has **already** properly filed a proof of claim against the applicable Debtor or Debtors with the Clerk of the Bankruptcy Court for the Southern District of New York in a form substantially similar to the Proof of Claim Form (as defined in the Bar Date Order);
- B. a person or entity whose claim is listed on the Debtors' schedules of assets and liabilities and/or schedules of executory contracts and unexpired leases (collectively, the "Schedules"), provided that (i) the claim is not scheduled as "disputed," "contingent" or "unliquidated," (ii) the claimant agrees with the amount, nature and priority of the claim as set forth in the Schedules and (iii) the claimant agrees that the claim is an obligation of the specific Debtor against which the claim is listed on the Schedules;
- C. a person or entity that holds a claim that has been allowed by an order of the Court entered on or before the applicable Bar Date;
- D. a person or entity whose claim has been paid in full by any of the Debtors;
- E. a current employee of the Debtors, or a labor union authorized by law to represent a current employee, in each case solely with respect to any claim based on the payment of wages, salaries and vacation pay arising in the ordinary course of business and previously authorized to be paid by order of the Court, including the first day wage order approved by the Court on December 5, 2008, **provided**, **however**, that if the Debtors provide written notice stating that the Debtors do not intend to exercise their authority to pay such claim, you shall have until the later of (i) the applicable Bar Date and (ii) 30 days from the date of service of such written notice, to file a proof of claim;
- F. a person or entity that holds a claim for which specific deadlines have been fixed by an order of the Court entered on or before the applicable Bar Date;
- G. a person or entity that holds a claim allowable under sections 503(b) and 507(a) of the Bankruptcy Code as an expense of administration (other than any claim allowable under section 503(b)(9) of the Bankruptcy Code);
- H. a Debtor;
- I. a person or entity whose claim is limited exclusively to the repayment of principal, interest and other fees and expenses (a "<u>Debt Claim</u>") under the agreements governing any syndicated credit facility or debt security issued by or for the benefit of or for the benefit of the Debtors pursuant to an indenture (together, the "<u>Debt Instruments</u>"); **provided, however**, that the foregoing exclusion in this subparagraph shall not apply to the administrative agent under the applicable credit facility or the indenture trustee under the applicable indenture (each, a "<u>Debt Representative</u>"), each Debt Representative shall be

¹ The Debtors filed their Schedules on January 20, 2009.

authorized and required to file a single proof of claim, on or before the applicable Bar Date, on account of all Debt Claims against all Debtors under the applicable Debt Instruments and (iii) any holder of a Debt Claim wishing to assert a claim, other than a Debt Claim, arising out of or relating to a Debt Instrument, shall be required to file a proof of claim with respect to such claim on or before the Bar Date, unless another exception identified herein applies; or

J. a person or entity that holds an interest in any Debtor, which interest is based exclusively upon the ownership of common or preferred stock or warrants, rights or options to purchase, sell or subscribe to common or preferred stock; provided, however, that interest holders who wish to assert claims (as opposed to ownership interests) against any of the Debtors (including claims for damages, rescission, reimbursement or contribution) that arise out of or relate to the purchase or sale of an interest must file a proof of claim with respect to such claim on or before the applicable Bar Date.

EXECUTORY CONTRACTS AND UNEXPIRED LEASES

If you have a claim arising out of the rejection of an executory contract or unexpired lease, you must file a proof of claim by the later of (a) the applicable Bar Date and (b) 30 days after notice by the Debtors of (i) the entry of an order authorizing rejection to which the claim relates and (ii) the applicable Bar Date (unless the order authorizing such rejection provides otherwise).

CONSEQUENCES OF FAILURE TO FILE A PROOF OF CLAIM BY THE BAR DATE

ANY HOLDER OF A CLAIM THAT IS NOT EXCEPTED FROM THE REQUIREMENTS OF THE BAR DATE ORDER, AS DESCRIBED IN SECTION 4 ABOVE, AND THAT FAILS TO TIMELY FILE A PROOF OF CLAIM IN THE APPROPRIATE FORM WILL BE FOREVER BARRED, ESTOPPED AND ENJOINED FROM ASSERTING SUCH CLAIM AGAINST THE DEBTORS, THEIR SUCCESSORS, THEIR CHAPTER 11 ESTATES AND THEIR RESPECTIVE PROPERTY OR FILING A PROOF OF CLAIM WITH RESPECT TO SUCH CLAIM, FROM VOTING ON ANY PLAN OF REORGANIZATION FILED IN THESE CASES AND FROM PARTICIPATING IN ANY DISTRIBUTION IN THE DEBTORS' CASES ON ACCOUNT OF SUCH CLAIM OR RECEIVING FURTHER NOTICES REGARDING SUCH CLAIM.

THE DEBTORS' SCHEDULES AND ACCESS THERETO

You may be listed as the holder of a claim against one or more of the Debtors in the Debtors' Schedules. If you rely on the Debtors' Schedules, it is your responsibility to determine that your claim is accurately listed on the Schedules. If you agree with the nature, amount and status of your claim as listed on the Debtors' Schedules, and if you do not dispute that your claim is against only the specified Debtor, and if your claim is not described as "disputed," "contingent," or "unliquidated," you need not file a proof of claim. Otherwise, or

if you decide to file a proof of claim, you must do so before the applicable Bar Date in accordance with the procedures set forth in this Notice.

Copies of the Debtors' Schedules are available for inspection on the Court's internet website at www.nysb.uscourts.gov and on the independent website maintained by the Debtors, www.kccllc.net/bally. A login and password to the Court's Public Access to Electronic Court Records ("PACER") are required to access www.nysb.uscourts.gov and can be obtained through the PACER Service Center at www.pacer.psc.uscourts.gov. Copies of the Schedules may also be examined between the hours of 9:00 a.m. and 4:30 p.m. (prevailing Eastern time), Monday through Friday, at the Office of the Clerk of the Bankruptcy Court, One Bowling Green, Room 511, New York, New York 10004-1408.

RESERVATION OF RIGHTS

The Debtors reserve their right to object to any proof of claim, whether filed or scheduled, on any grounds. The Debtors reserve their right to dispute or to assert offsets or defenses to any claim reflected on the Schedules or any amendments thereto, as to amount, liability, classification or otherwise, and to subsequently designate any claim as disputed, contingent, unliquidated or undetermined.

A holder of a possible claim against the Debtors should consult an attorney regarding matters in connection with this Notice, such as whether the holder should file a proof of claim.

Dated: New York, New York January 23, 2009

BY ORDER OF THE COURT

KRAMER LEVIN NAFTALIS & FRANKEL LLP 1177 Avenue of the Americas New York, New York 10036 Telephone: (212) 715-9100

Counsel for Debtors and Debtors in Possession

LIST OF DEBTORS

# Dento	(ase Stumber	Tax (ii) Number	1 a a & Other Trade Names
Bally Total Fitness of Greater New York, Inc.	08-14818	95- 3445399	Jack LaLanne Fitness Centers, Inc.; Jack LaLanne Holiday Spa; Crunch; Crunch Fitness; Bally Total Fitness; Bally Sports Club
Bally ARA Corporation	08-14819	36- 4474631	None
Bally Fitness Franchising, Inc.	08-14820	36- 4029332	None
Bally Franchise RSC, Inc.	08-14822	36- 4028744	None
Bally Franchising Holdings, Inc.	08-14823	36- 4024133	None
Bally Real Estate I LLC	08-14824	N/A	None
Bally REFS West Hartford, LLC	08-14825	N/A	None
Bally Sports Clubs, Inc.	08-14826	36- 3407784	Manhattan Sports Club, Inc.; Bally Sports Club
Bally Total Fitness	08-14827	36-	Bally Total Fitness; Bally Sports Club; Gorilla Sports
Corporation	22 1 12 2	2762953	Clubs; Crunch; Crunch Fitness; Pinnacle Fitness; BFIT
Bally Total Fitness	08-14828	30-	None
Franchising, Inc. Bally Total Fitness Holdings	08-14821	0301553 36-	Bally Total Fitness
Corporation	08-14021	3228107	Daily Four Funds
Bally Total Fitness International, Inc.	08-14829	36- 1692238	Bally Total Fitness
Bally Total Fitness of California, Inc.	08-14831	36- 2763344	Holiday Spa Health Clubs of California, Inc.; Bally Total Fitness
Bally Total Fitness of Colorado, Inc.	08-14832	84- 0856432	Holiday Health Clubs and Fitness Centers, Inc.; Bally Total Fitness
Bally Total Fitness of Connecticut Coast, Inc.	08-14833	36- 3209546	Connecticut Coast Fitness Centers, Inc.; Bally Total Fitness
Bally Total Fitness of Connecticut Valley, Inc.	08-14834	36- 3209543	Connecticut Valley Fitness Centers, Inc.; Bally Total Fitness
Bally Total Fitness of Minnesota, Inc.	08-14835	84- 1035840	Scandinavian U.S. Swim & Fitness, Inc.; Bally Total Fitness
Bally Total Fitness of Missouri, Inc.	08-14836	36- 2779045	Bally Total Fitness
Bally Total Fitness of Philadelphia, Inc.	08-14837	36- 3209542	Physical Fitness Centers of Philadelphia, Inc.; Bally Total Fitness
Bally Total Fitness of Rhode Island, Inc.	08-14838	36- 3209549	Providence Fitness Centers, Inc.; Bally Total Fitness
Bally Total Fitness of the Mid-Atlantic, Inc.	08-14839	52- 0820531	Holiday Universal, Inc.; Crunch; Crunch Fitness; Bally Total Fitness
Bally Total Fitness of the Midwest, Inc.	08-14840	34- 1114683	Scandinavian Health Spa, Inc.; Bally Sports Club; Pinnacle Fitness Center; Bally Total Fitness

Debtor	- Case - Number	Tax LD. Number	Other Trade Names
Bally Total Fitness of the Southeast, Inc.	08-14841	52- 1230906	Holiday Health Clubs of the Southeast, Inc.; Bally Total Fitness
Bally Total Fitness of Toledo, Inc.	08-14842	38- 1803897	Bally Total Fitness
Bally Total Fitness of Upstate New York, Inc.	08-14844	36- 3209544	Holiday Health & Fitness Centers of New York, Inc.; Bally Total Fitness
BTF Cincinnati Corporation	08-14845	36- 4275970	None
BTF Europe Corporation	08-14846	26- 0008641	None
BTF Indianapolis Corporation	08-14847	36- 4275972	None
BTF Minneapolis Corporation	08-14848	36- 4275973	None
BTF/CFI, Inc.	08-14849	36- 4474644	Crunch Fitness International, Inc.; Iron Acquisition Corp.; Crunch Fitness; Bally Total Fitness
BTFCC, Inc.	08-14850	36- 4205308	None
BTFF Corporation	08-14851	36- 4275975	None
Greater Philly No. 1 Holding Company	08-14852	36- 3209566	None
Greater Philly No. 2 Holding Company	08-14853	36- 3209557	None
Health & Tennis Corporation of New York	08-14854	36- 3628768	Crunch; Crunch Fitness
Holiday Health Clubs of the East Coast, Inc.	08-14855	52- 1271028	None
Holiday/Southeast Holding Corp.	08-14856	52- 1289694	None
Jack LaLanne Holding Corp.	08-14857	95- 3445400	None
New Fitness Holding Co., Inc.	08-14858	36- 3209555	None
Nycon Holding Co., Inc.	08-14859	36- 3209533	None
Rhode Island Holding Company	08-14860	36- 3261314	None
Tidelands Holiday Health Clubs, Inc.	08-14861	52- 1229398	Bally Total Fitness
U.S. Health, Inc.	08-14862	52- 1137373	Bally Total Fitness